

Welcome to the 2010 season of the University City Swim Club

**** EXTRA! EXTRA! ****

Please note these additions to the calendar and information distributed with membership info. (Those documents are also available on the website UCSwimC.org under "current season.")

AQUATICS

Debby Brown, our new manager (from our new management company, Progressive Pool Management), has exciting new activities planned for us—a **swim clinic** for the basic strokes in June, **swim lessons**, and even a **swim team** if enough people are interested! These activities have priority for the lane closest to the stairs to the lap pool.

Sign-ups for the clinic start Memorial Day weekend; swim lessons begin June 21. Watch the bulletin board for details.

SPECIAL EVENTS and FAMILY MOVIE NIGHTS

We have tentative plans for **family movie nights** from 8 to 9:30 PM on four Fridays: June 18, July 16, August 20 and September 10—just before the adult midnight swims. Watch the bulletin board for confirmation...and make family movie suggestions. We're also looking at bringing back "**water polo**" and adding "**raft**" events.

MURAL DEDICATION and MEMBERS MEETING

Wednesday, June 9, at 6 PM on 49th Street

Our beautiful new mural will be dedicated by the Mural Arts Program. Come celebrate, meet the artist, John Lewis, and thank the Mural Arts Program!

Then stay for the UCSC **Members Meeting in the dining area at 7 PM.**

HEALTHY SWIMMING REMINDERS

While members are expected to comply with all the rules, please pay particular attention to those related to health and safety:

- Everyone should **shower before using the pool**. This makes a real difference in improving water quality and extending the life of our equipment...and the outdoor showers make this easy.
- **Stay home** if you have a gastro-intestinal illness; please don't share it with the rest of us!
- Children who are not toilet trained **must wear swim diapers with rubber pants**. If needed, the diapers and pants are available for purchase (\$1 each) at the office.
- Children in diapers are allowed **only in the baby pool and the leisure pool**.
- **Diapers must be changed on the changing tables** provided in the locker rooms and family restroom, not on deck, furniture or other surfaces in the locker rooms.
- **No glass or ceramic containers or utensils** of any kind are permitted.

LONG HAIR

Since fouling by hair has twice necessitated closing a pool to replace a filter motor, at a cost of more than \$4000 each, hair (real or augmented) that is **chin length or longer must be secured by a rubber band or swim cap** (available for \$3 from the office).